Hand in through Moodle drop box, due date listed on Moodle.

1. Apply the learning styles discussed in this chapter and complete the following statements:

* 1. In the classroom, I learn best by seeing, and in the classroom, I have difficulty learning when hearing.
  2. How will you use this information to perform better?

Honestly I’ve never had much of a problem learning one way or another. There isn’t much of a difference for me.

1. Write down **four** words to describe your ideal self-concept.
   1. Smart
   2. Calm
   3. Empathetic
   4. Self-confident
2. What steps are necessary to make your ideal self-concept a reality?

I need to work more on my confidence. I sometimes have trouble remembering my talents when I need them.

1. What outside experiences and/or influences affect your educational behavior?

I have a pretty busy life outside of NAIT, this often means that I do work at the last minute (like right now). If I gave myself more time I could probably do a better job.